



TLA TRAVEL

Evocative Journeys Beyond the Ordinary



MACHU PICCHU & LAKE TITICACA - 10 DAYS



Dates: 2021 & 2022

Travel Advisor: Jason Kearney

**Safe
travels**

by
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COUNCIL

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Day 01, Arrival Lima, Overnight at the Lima Airport Hotel

- 1) International flight arrival in to Lima (times to be confirmed).
- 2) Walk to Lima Airport Hotel (1 min).
- 3) Overnight at the **4 Star Costa del Sol Wyndham Hotel**, Lima Airport (See hotel section in summary for full details).

The Superior Costa del Sol Wyndham Hotel is conveniently located just 2 minutes on foot from the international arrivals gate. Using this hotel means that you won't require a lengthy 40 – 60 minute transfer to downtown Lima (Miraflores), allowing you more time to relax after your international flight, and meaning you are at the airport for your early departure the next day.



Day 02, Flight Cusco, Visit Pisac Market & Awanakancha Alpaca Farm En-Route to Sacred Valley (B, L)

- 1) Breakfast at hotel.
- 2) Walk to Lima Airport (1 min).
- 3) Flight: Lima (LIM) - Cusco (CUZ), LATAM Airlines, LA 2075, 09.55 – 11.18 hrs., (or similar).
- 4) Collection from Cusco Airport, driver + transfer rep.
- 5) Tour of Sacred Valley, Including: Pisac Market & Awanakancha Farm, Private Service. Lunch included.
- 6) Overnight at the **Luxury Sol y Luna Hotel**, Urubamba, the Sacred Valley, (See hotel section in summary for full details).

The Sacred Valley is a beautiful and peaceful region of Peru located 32 Kilometers (20 Miles) from the city of Cusco. This scenic and mountainous part of the Andes was a sacred and important place for the Inca's. Today we visit [Awanakancha Farm](#) which is home to 07 vicuñas, 02 guanacos, 24 alpacas and 12 llamas. It is a great place for both adults and children to learn of these native Peruvian camelids. As well as getting to feed the animals you will learn of the wonderful textile weaving and ancient techniques still in use today. We also will visit the renowned local **market of Pisac**. This is a great place to browse a host of goods including brightly coloured textiles, silver crafts and even the local people buying fruit and vegetables in a manner little changed across the passing decades.

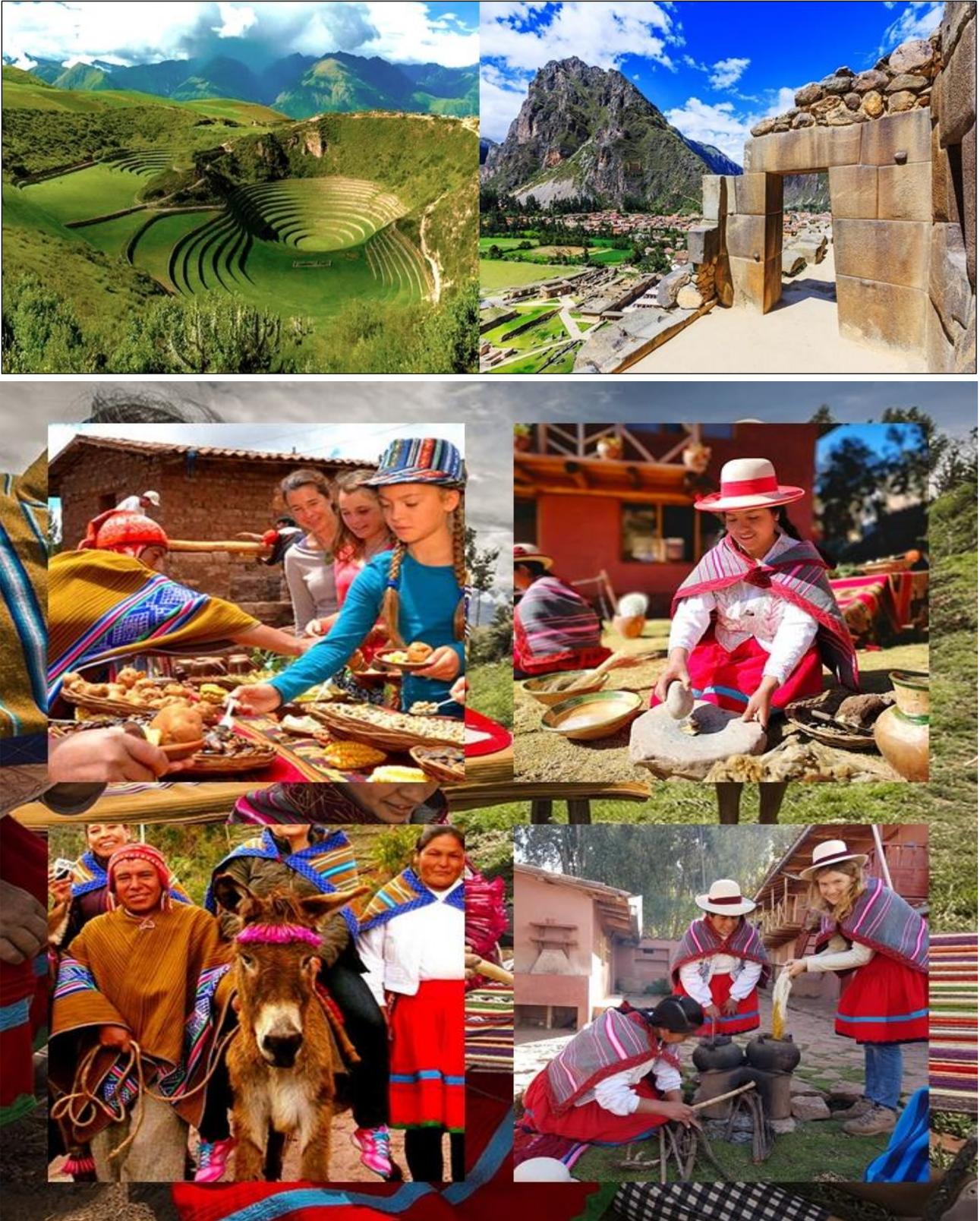


Day 03, Full Day Private Sacred Valley Tour, including Lunch (B, L)

- 1) Breakfast at hotel.
- 2) Full day excursion to the Sacred Valley, Including Ollantaytambo Ruins, Misminay Andean community and Moray Ruins. Private service.
- 3) Overnight at the **Luxury Sol y Luna Hotel** - Urubamba, the Sacred Valley, (See hotel section in summary for full details).

Built in huge circular terraces, it is unclear exactly what the purpose of **Moray** was to the Incas, but it is assumed that it was built for farming purposes. Moray is a fantastic place to explore and walk down to the core of the circular terraces or take a picture from atop surrounded by stunning mountain scenery. You will also visit the Andean community of **Misminay** and share their tasks with local inhabitants, who still preserve ancient Inca traditions. Then you can choose between ploughing or harvesting, or learning ancient weaving techniques, among many other activities. Local women also spin and dye the wool using natural ingredients and weave according to ancient techniques. Lunch included.

Towards the eastern end of the Sacred Valley is the **famous ruin of Ollantaytambo**. This impressive and large ruin was one of the last strong holds for the Incas after the invasion of the Spanish nearly 500 years ago. Built into the mountain side and ascending rapidly to the peak of the ruins, Ollantaytambo was almost certainly **built as a fortress** to protect the eastern end of the Sacred Valley.



Day 04, Vistadome Train to Machu Picchu & Afternoon Private Tour of Machu Picchu (B, D)

- 1) Breakfast at hotel.

- 2) Private Transfer to Ollantaytambo Train Station.
- 3) First Class Vistadome Train to Machu Picchu, Vistadome 501, Ollantaytambo - Machu Picchu Pueblo, 08.53 – 10.29 hrs., (or similar, times are subject to availability).
- 4) Shuttle bus to Machu Picchu (30 minutes).
- 5) 2 ½ hour privately guided tour of UNESCO World Heritage Site – Machu Picchu, including: Caretakers Hut, Temple of the Sun, the Royal Tomb, Three Windowed Temple, Intihuatana / Solar Clock, and the quarry.
- 6) Overnight at the **Luxury Inkaterra Machu Picchu Hotel** – Machu Picchu Pueblo, (See hotel section in summary for full details).
- 7) Dinner at your hotel.



Machu Picchu was revealed to the world, when the famous historian, explorer and archeologist **Hiram Bingham** stumbled upon the site whilst on an expedition in 1911. Initially the importance of the citadel was overlooked, and only when he returned over a year later the true significance was realized.

Perched high up on the edge of a cliff set deep in the high jungle of Southern Peru, Machu Picchu fabled **'The Lost City of the Incas'** is truly a first-class destination for many world travelers. Invisible from the Urubamba Valley below, Machu Picchu lay dormant for more than 4 centuries, nestled neatly at 2,800m (4,000 feet) above sea level. It was considered to have been abandoned by the Incas at the time of the Spanish invasion, and became something of folklore and mystery, until it was re-discovered hidden and preserved in the dense jungle of Vilcabamba.



Day 05, Late Morning Vistadome Train to Ollantaytambo, Private Transfer to Cusco (B, D)

- 1) Breakfast at hotel.
- 2) First Class in Vistadome Train to Poroy Train Station.
Vistadome 302, Machu Picchu Pueblo - Ollantaytambo, 10.55 - 12.32 hrs. (Subject to availability).
- 3) Private transfer from Poroy station to hotel in Cusco, driver + transfer rep.

- 4) We recommend dinner at [Greens Organic Restaurant](#) Cusco.
- 5) Overnight at the **5 Star Palacio del Inka Hotel**, Cusco (See hotel section in summary for full details).





Day 06, Morning E- Biking Cusco Ruins, Free Evening to Enjoy Cusco (B)

- 1) Breakfast at hotel.
- 2) Morning E- Biking tour of the ruins of Cusco. Private service. Includes bike, helmet, gloves , equipment , snacks & water.
- 3) Free evening in Cusco. Why not enjoy some fun at a Bean to Bar chocolate making class at the [Choco Museum Cusco](#).
- 4) We recommend dinner at [Cicciolina](#) Restaurant Cusco. Reservations advised.
- 5) Overnight at the **5 Star Palacio del Inka Hotel** – Cusco (See hotel section in summary for full details).

E- Biking Cusco Ruins. Imported from Germany, our state of the art Haibike full suspension electric assist mountain bikes are the perfect way to explore Cusco in a carbon friendly way. **If you've never tried an E-bike, it's like having your best friend running alongside you, giving you that little extra push whenever you need it.** You still have to peddle but it takes all the hard work out of doing so. They are truly brilliant!

Leaving Cusco following a full briefing and safety instructions, we use our **E-bikes** to cycle up to our first stunning ruin, the extensive **Sacsayhuaman**. Although the smaller stones of Sacsayhuaman were used to build modern day Cusco, the remaining stones are up to 8.5m high and weigh over 360 tons. The distinctive zig-zag ramparts are attributed to being puma teeth, lightning and also fortification. This major centre obviously had many functions with storehouses, administration buildings, a reservoir and a play area. It was also site of a crucial battle between the Incas and the Spanish. We then continue on our bikes uphill to visit **Puca Pucara**, a delightful ruin on a small prominence now believed to be a 'tambo', a rest house for travelling animals, goods and travellers, rather than the 'red fort' its name suggests.

Finally, we visit **Tambomachay**, this is popularly called the **Inca's Bath** due to its finely preserved waterfalls, carefully diverted through fine stone channels. The Incas acknowledged water as one of the principal elements of life and revered it accordingly. Here we start our mountain bike return journey. Your expert guide and mechanic will assess your group's ability and then offer a variety of riding options, from easy, smooth road, dirt road or harder single tracks. All trails are largely downhill as we wind our way back towards Cusco city, enjoying spectacular views of the valley and city itself. Your support vehicle is on hand or nearby for virtually the whole trip and can be used to carry any non-riders or weary clients and extra gear.



Day 07, Flight to Juliaca, Visit Sillustani Funerary Towers & Private Transfer to Puno Hotel (B)

- 1) Breakfast at hotel.
- 2) Private transfer from Cusco Hotel – Cusco Airport, driver + transfer rep.
- 3) Flight: Cusco (CUZ) - Juliaca (JUL),
LATAM Airlines, LA 2123, 11.10 - 12.05 hrs, (or similar).
- 4) Private transfer from Juliaca Airport – Puno Hotel, Driver + rep.
- 5) Visit Sillustani funerary towers on route (1 hour).
- 6) We recommend evening dinner at **La Table del Inca**, Puno. French- Peruvian fusion food.
Open Midday to 2 pm and 6 - 9.30 pm daily except Sat and Sun just 6 pm to 9.30 pm.
Address: Ancash 239, Puno, Peru
Phone: +51 994 659 357
- 7) Overnight at the **4 Star Casa Andina Hotel**, Puno, (See hotel section in summary for full details).



Visit **Sillustani** an ancient cemetery located on a beautiful promontory overlooking the lake. The guided tour of the site will allow you to learn of the huge **Chullpa** burial towers of both the **Kolla** culture Pre-Inca and Incan times, with the backdrop of spectacular vistas.

La Table del Inca is well worth a visit located just a 3-minute walk from the Plaza del Armas in Puno. French manager Florent Derym will ensure you have a special visit to this wonderful establishment. Good restaurants are a rare entity in Puno, but this bucks the trend and both cuisine and service are first rate. La Table del' Inca offers an S/.80 set menu that includes a handful of tempting choices for your starter, main course and dessert, along with a glass of wine or bottle of beer. The style is French-Peruvian fusion with intuitive and tantalizing twists on classic local dishes, such as trout ceviche with an avocado foam, paupiettes of alpaca in mustard sauce, or a semi-deconstructed aji de gallina with ratatouille. Bon appétit!





Day 08, Full Day Shared Tour of Lake Titicaca – Taquile, Llachon and Uros (B, L)

- 1) Breakfast at hotel.
- 2) Full day on Lake Titicaca, includes Taquile Island, Santa Maria – Llachon, Capachica Peninsula and Uros Island. Shared Deluxe Motorboat: 35 km/h., 9.5 hours. Lunch included.
- 3) Overnight at the **4 Star Casa Andina Premium Hotel**, Puno, (See hotel section in summary for full details).

Taquile Island Explore the less touristy and scenic parts of Taquile Island and enjoy a pristine sandy beach there you will have plenty of time to relax and feel the serenity of Titicaca. Then Hike through a pre-Inca trail with spectacular landscapes of the island, visiting families of weavers to learn about their textile art & symbolism that has been declared by UNESCO as world heritage. At 11:30 am we leave the island, after more than 3 hours of an intensive natural and cultural immersion.

Onward to the community of **Santa Maria – Llachon**, on the tip of the **Capachica Peninsula**, a very scenic off the beaten track destination. We are welcomed by a small community and quickly introduced to an intensive cross-cultural experience, observe their traditions and participate in an ancient ceremony to learn about their magical world. Then experience the preparation of "**Pachamanca**" a traditional way of cooking meat, fish and potatoes using underground ovens - this is one of the main dishes of Peruvian cuisine. Enjoy these delicacies in a small, but very scenic, restaurant. For the more adventurous there is an optional kayak along the coast of Llachon (Talk to your travel adviser if you wish to add this).

Next port of call is to a remote area of the National Reserve of Lake Titicaca and explore the famed **Uros Ccapi** these are considered as the last authentic floating islands, less commercial and little visited. The Uros are descendants of one of the oldest cultures in South America. Optional tours (not included in price) in reed boats and finally depart back to Puno.





Day 09, Private Transfer to Juliaca Airport, Flight to Lima, Transfer to Miraflores Hotel (B)

- 1) Breakfast at hotel.
- 2) Private transfer from Puno hotel – Juliaca Airport.
- 3) Flight: Juliaca (JUL) – Lima (LIM),
LATAM Airlines, LA 2096, 13.20 - 15.00 hrs, (or similar).
- 4) Private transfer from Lima Airport – Miraflores Hotel, driver + transfer rep. (40 – 60 min).
- 5) Free Evening in Lima:
 - We recommend a visit to Punto Azul Restaurant, Address: Calle San Martin 595, Miraflores.
Telephone: +51 1 4458078. Open Daily- 11am to midnight; except Monday- 6 pm to midnight
and Sunday 12pm to 4pm.
- 6) Overnight at the **Hilton Hotel** - Miraflores, (See hotel section in summary for full details).

Punto Azul is a very popular criollo cuisine influenced local restaurant in Miraflores Lima. They create city famed Peruvian fresh fish ceviches (see photo below), *tiraditos* (Japanese influenced) and family-sized rice dishes. We recommend you go and try their risotto with parmesan, shrimp and *ají amarillo* (yellow chili) and don't forget to savor the line-up of beautiful desserts.





Day 10, Morning Gastronomic Tour of Lima, Connect to Onward Flight Home (B, L)

- 1) Breakfast at hotel.
- 2) Morning Gastronomic Tour of Lima. 9.30 a.m. – 2.30 pm. Includes selected food and drinks included as a part of the tour. Private Service.
- 3) Private transfer from Miraflores Hotel to Lima Airport, driver + transfer rep. (40- 60 mins.)
- 4) International Flight Departure: TBC.

This **Gastronomic tour of Lima** offers a wonderful insight into the flavors and wonders of the now world famous Peruvian cuisine. Among the highlights you will get to visit a local coffee roastery, sample exotic Peruvian fruits at a secluded garden café and a local market visit. Following on from these delights you will sample the national dish of cebiche at a top seafood restaurant. The grand finale is a gourmet lunch at the famed **Huaca Pucllana** restaurant aside the ancient ruins.



Hotels

The hotels quoted below are our first-choice hotels for your itinerary, and are chosen by our quality assessment process. Hotels are quoted subject to availability. Should you require specific hotels in your itinerary please consult a travel advisor. Our standard hotel policy is available on request.

Costa del Sol Wyndham – Lima Airport,
4 Star Hotel, Standard Room, Includes Breakfast

<http://www.wyndham.com/hotels/peru/lima/wyndham-costa-del-sol-lima-airport/hotel-overview>

Sol y Luna, Urubamba, the Sacred Valley,
Luxury Hotel, Superior Casita, Includes Breakfast

<http://www.hotelsolyluna.com/>

Inkaterra Machu Picchu Hotel – Machu Picchu Pueblo
Luxury Hotel, Superior Deluxe Room, Includes Breakfast & Dinner

<http://www.inkaterra.com/inkaterra/inkaterra-machu-picchu-pueblo-hotel/>

Palacio Del Inka a Luxury Collection Hotel – Cusco,
5 Star Hotel, Colonial Classic Room, Includes Breakfast

<http://www.starwoodhotels.com/luxury/property/overview/index.html?propertyID=3287>

Casa Andina Premium, Puno (Lake Titicaca Shore),
4 Star Hotel, Lake View Superior Room, Includes Breakfast

<http://www.casa-andina.com>

Hilton Hotel, Miraflores, Lima
5 Star Hotel, Deluxe Room, Includes breakfast

<http://www3.hilton.com/en/hotels/peru/hilton-lima-miraflores-LIMMFHH/about/index.html>

What is Included

- 1) Tours as described in the preceding itinerary. Subject to change by us or by force majeure without prior notice.
- 2) Full BTC Touristic Ticket.
- 3) Accommodations as shown in the hotel section, 2 people sharing 1 x Matrimonial/ Twin room. (Hotels are quoted subject to availability, none of the hotels have been pre-checked for availability).
- 4) Breakfasts at your accommodations.
- 5) All airport and bus station transfers in private.
- 6) Assistance with airport check-in.
- 7) 24-hour emergency contact telephone and assistance whilst travelling.

What is not Included

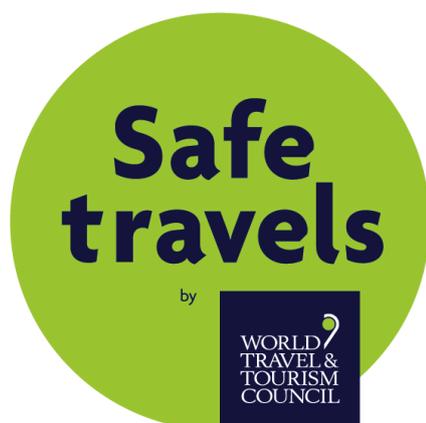
- 1) International airfare and taxes.
- 2) Domestic flights quoted separately.

- 3) National Departure Taxes at airports (not applicable to Cusco and Lima Flights).
- 4) Other Meals unless specifically stated in the Itinerary.
- 5) Personal expenses such as telephone bills, laundry expenses, beverages, etc.
- 6) Travel Insurance covering medical, cancellation, theft/loss, and incidents outside our control.
- 7) Baggage portorage and other extras not specified.
- 8) Tips and gratuities.

Terms & Conditions

When purchasing a tour from us our full 'Terms and Conditions' will apply. These can be found on our website: [Terms & Conditions](#)

Covid 19 Book with Confidence.



In addition to the terms and conditions noted above, in the event of a global health pandemic preventing the operation of tours in our destinations in 2021 we will reschedule the trip to 2022 at the cost price of doing so.

We work to recommended standards of the **World Travel & Tourism Council**. In all destinations the travel company is fully compliant with all government protocols which may be required regarding Covid – 19. These include, but are not limited to, sanitization, social distancing, wear of face coverings and the requirements of PCP testing. The required procedures change on a continual basis and

your expert adviser will be happy to keep you informed of any procedural requirements prior to booking and throughout your stay with us.

Our Company Protocols

As a professional travel company, we have developed and implemented the following procedures to deliver the safest trip possible.

- ✓ All relevant certifications for operations required by local government
- ✓ COVID-19 prevention plan including an action/checklist for infection prevention and a special cleaning and disinfection plan
- ✓ Implemented protocols and guidelines for staff health, including health checks for staff as required by local legislation
- ✓ Issue and communicate a stay-home policy for anyone displaying any Covid 19 symptoms as per World Health Organization (WHO) guidelines
- ✓ Reflected physical distance in office layout and limiting the number of staff in common back-of-house areas where possible if required by local legislation
- ✓ Implemented protocols to minimize physical contact. Implemented physical distancing protocols if required by local legislation
- ✓ Personal protection equipment (PPE) made available to staff, such as masks, as long as required as per risk-based approach if required by local legislation
- ✓ Integrated technologies to enable automation such as contactless payment where possible. If contactless payment is not possible, we consider using gloves and hand sanitation

- ✓ Established with suppliers and partners including restaurants, hotels, parks, transport partners and venues that they follow likeminded health and hygiene protocols and guidelines to protect guests as required by local
- ✓ Explored different options for operations, where possible, such as advanced tickets, timed entries, smaller groups
- ✓ Requested that key stakeholders such as partner venues, hotels and transport partners have trained their staff based on likeminded protocols to enable consistent approach across sector
- ✓ All training informed by the latest advice from public health authorities and/or WHO
- ✓ Regular monitoring of well-being of team members by leadership, encouraging them to following governmental and WHO guidelines

Delivering A Safe Experience

As tour operators we work to deliver a safe experience for our staff and guests through enhanced cleanliness and hygiene best practices, which include but are not limited to:

Logistical Procedures

- ✓ Confirmed supplier processes focused on enhanced sanitation, disinfection, and deep cleaning practices for coaches and other vehicles used as well as increase their cleaning/disinfection frequency:
- ✓ Selected disinfecting products approved by health authorities
- ✓ Revisited guidance to our cleaning team with a specific focus on high-frequency touch points, including handrails, door handles, tables, board toilets, air conditioning filters, overhead lockers and headsets if applicable. Enhance cleaning frequency as appropriate
- ✓ Approved disinfecting products made available at sanitation stations to guests in the form of alcohol-based hand sanitizer as appropriate. Provide or make available for purchase additional individual disinfecting products for guests where possible
- ✓ Allocated seating plans with no rotation. Implement seat spacing if required by local legislation
- ✓ Explored providing bins with liner bags and regular disposal where possible
- ✓ Established with transport partners that they have likeminded processes for sanitation, disinfection and deep cleaning practices
- ✓ Implementing customer processes including guest information and minimizing physical contact
- ✓ Implemented guest health checks and testing if appropriate and required by local legislation
- ✓ Limited physical contact and queuing where possible
- ✓ Make masks available to guests if required by local authorities
- ✓ Developed online check-in and contactless check-out tools and procedures where appropriate and possible
- ✓ Explored staggered timing when possible of access to venues, hotels and restaurants among others
- ✓ Established with partners and suppliers, including shops, showrooms, tasting venues/shops, museums, shows, theatre, concert halls, factories & farms, that they follow likeminded health, sanitation, disinfection, and hygiene protocols aligned with local regulation

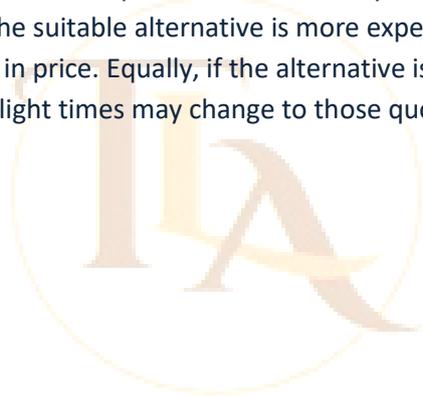
Restaurants

- ✓ Established that partner restaurants follow likeminded health, sanitation, disinfection and hygiene and food safety protocols
- ✓ Approved disinfecting products made available at restaurant entrance to guests in the form of alcohol-based hand sanitizer

- ✓ Established with restaurant that restaurant staff are trained and adhere to likeminded health & hygiene
- ✓ Avoid guest own handling of food at buffets
- ✓ Regular cleaning of coffee/drinks machines and where possible operated by staff member
- ✓ Enhanced cleaning, including disinfecting of tables and chairs after guest has left and using dishwasher over handwashing where possible
- ✓ Minimized physical contact through table spacing and guest seating if required by local legislation
- ✓ Considered minimizing what is placed on guest tables and provide mono-packaged items if feasible
- ✓ Reviewed payment method to prioritize contactless and pre-payment methods
- ✓ Considered having longer opening hours to reduce the number of guests served at any given time and facilitate the implementation of the new measures
- ✓ Reviewed payment method to prioritize contactless and pre-payment methods

Itinerary Notes

We quote many tours per day, so it is not possible for us to pre-check availability on hotels, trains, buses, flights or any other service included in this itinerary. We cannot guarantee any specific hotels, train times or flight times. Should the first-choice item as quoted in this itinerary not be available, we will work with you to find a suitable alternative. If the suitable alternative is more expensive than the originally planned item, we may request the difference in price. Equally, if the alternative is less expensive, we will deduct the amount from the final balance. Flight times may change to those quoted in the itinerary, depending on airlines schedules.



Giving Back to Local Communities: Our Commitment

As part of our social responsibility, TLA Travel engages in various community activities every year to help the most vulnerable and impoverished Peruvians. It is only possible to do this with profits earned from the touristic packages that we sell. For this reason, we thank every one of the clients that have travelled with us, that inturn have allowed us to fund such events. If you purchase a trip with us, be confident that part of the profits made from your trip will go to fund more community events in the future. As per our on-going commitment to giving back to local communities, Totally Latin America partnered with [Medlife](#) and [Picaflor House](#). Sample article [click here](#). Our work is simply focused on offering hope, and delivering real change, to our less fortunate fellow citizens here in Latin America.

